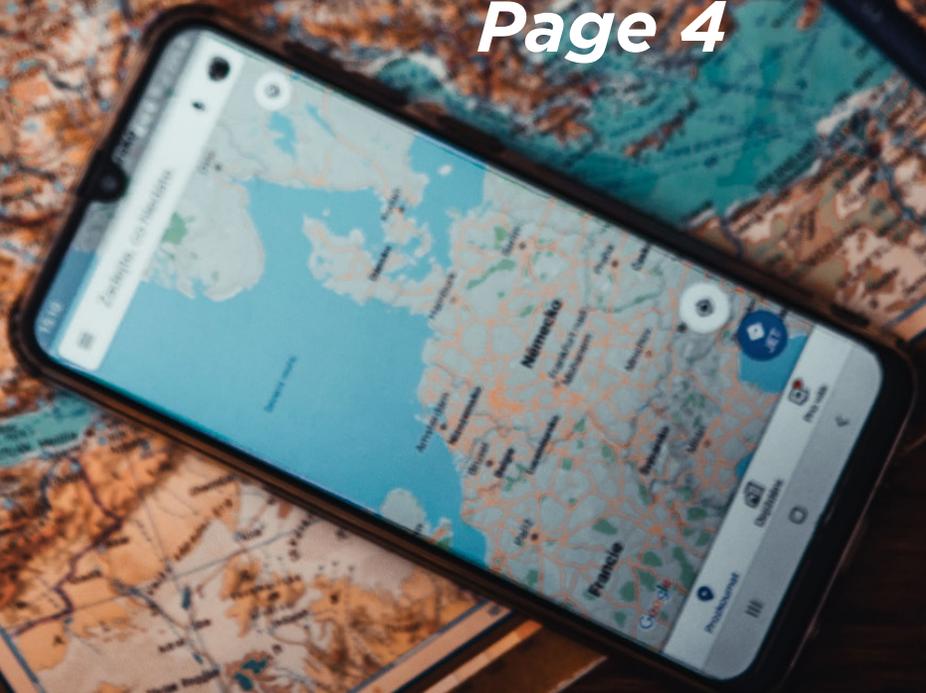


# ARMCHAIR *Travelers*

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# Featured Events



## **Bingo NEW TIMES:** *Monday & Fridays* *1:30 PM • 902 Café*



Please note that Bingo will now be held in the 902 Café going forward. We look forward to continuing the fun in this new location, offering the same great games, prizes, and social time you enjoy.

Join us in the 902 Café and bring your lucky streak — we can't wait to see you there!

## **Purim Service for Jewish Residents**

*Monday, March 2nd*  
*2:00 PM • Cornerstone*



Join us as we celebrate Purim, a joyful and meaningful Jewish holiday that commemorates courage, faith, and the triumph of good over adversity. This special gathering will offer an opportunity for residents to come together in community, reflection, and celebration.

Enjoy light refreshments, good company, and a warm, welcoming atmosphere as we honor this important tradition. All are welcome to attend and share in this festive and uplifting occasion.

## **NEW! Mindful Monday Chair Yoga!**

*Every Monday,*  
*beginning March 2nd*  
*11:00 AM • Grow Hall*

Start your week with relaxation and renewal. Mindful Monday Chair Yoga offers gentle, seated stretches, breathing exercises, and simple movements designed to improve flexibility, balance, and circulation. Move at your own pace in a peaceful, supportive environment. No experience needed — just come ready to breathe and feel good.



## **NEW! Forever Young Chair Dance Fitness!**

*Friday, March 6th*  
*2:00 PM • Grow Hall*

Get ready to move, groove, and feel great with our brand-new Fitness class! This fun and energizing program combines easy-to-follow dance movements with the support and safety of a chair. Enjoy upbeat music while improving flexibility, coordination, circulation, and overall wellness — all at your own pace. No experience needed — just bring your energy and your smile!



## **G. I. & Joe – Game Day Meet and Greet!**

*Monday, March 10th*  
*11:00 AM • Grow Hall*

Join us for a special Game Day Meet & Greet, G.I. & Joe! The name is a fun play on words — “G.I.” for our visiting troops and “Joe” for coffee — setting the stage for a warm and welcoming time together. We’re excited to welcome local active-duty service members who will be volunteering for the day and spending time getting to know our residents across all levels of care. They’ll be playing games, sharing stories, and building meaningful connections. The troops will visit residents in their respective communities to ensure everyone has an opportunity to participate.



## **Thirsty Thursday St. Patrick's Day Celebration!**

*Thursday, March 12th*  
*3:00 PM • Grow Hall*

Join us for a festive Thirsty Thursday St. Patrick's Day Celebration filled with music, refreshments, and plenty of Irish cheer! Wear your green and enjoy an afternoon of fun, laughter, and socializing with friends as we celebrate the spirit of the season together. Raise a glass, enjoy great company, and don't forget — everyone is Irish on St. Patrick's Day!



# Featured Events



## Burlington City High School Jazz Band Performance

*Friday, March 13th*  
*5:00 PM • Grow Hall*

Join us for an evening of outstanding student musicianship as the Jazz Band brings energy, creativity, and classic jazz favorites to life. From upbeat swing numbers to smooth contemporary selections, these talented performers showcase the dedication and passion that define Burlington City's music program.

Families, friends, and community members are warmly invited to come out and support our students for what promises to be an entertaining and inspiring performance. Don't miss this opportunity to celebrate the arts at Burlington City High School!

## The Golden Eagle Presents *Heritage, Harmony, and Hits!*

*Sunday, March 15th*  
*Departure time: 2:00 PM from the Main Entrance for the 3:00 PM show*

Join us for an unforgettable afternoon of music, culture, and community.

This special event celebrates the rich traditions that shape us, the harmonies that bring us together, and the hit songs we all know and love. The Golden Eagle will deliver an uplifting performance filled with timeless favorites, cultural classics, and crowd-pleasing hits that span generations.

Transportation will be provided.

Cottage residents who need transportation must inform Lisa in Resident Services in advance to be added to the shuttle list.

Bring your family and friends for a joyful afternoon of entertainment, connection, and celebration. We look forward to a wonderful musical experience together!



## St. Patrick's Day Around the Community!

*Tuesday, March 17th*

We're celebrating with fun happening throughout the day!



### Lucky Leprechaun Scavenger Hunt

Residents and Employees are all invited to find hidden shamrocks and gold coins that will be placed around the community. Find them and turn it into the Activities Office to be entered into a drawing for a special St. Patrick's Day Gift Basket!

All completed entries must be submitted by **THE END OF THE DAY** on March 17<sup>TH</sup>.

The lucky winner will be announced on March 18<sup>TH</sup>.

### Wear Green Spirit Day

Show your Irish spirit by wearing green! Residents and staff are encouraged to participate.

### "Our Lucky Community" Photo Board

Wear green and stop by to have your photo taken or if we see you, we will take your photo! Photos will be displayed on our St. Patrick's Day bulletin board celebrating the wonderful spirit of our community.

Let's make it a day full of luck, laughter, and community fun!



**Continued on page 4**

# Featured Events



## Trip to the Princeton University Art Museum

**Thursday, March 19th**

Join us for a wonderful cultural outing to the newly remodeled Princeton University Art Museum, located on the beautiful Princeton University campus. Residents will enjoy a guided museum tour followed by lunch in the museum café. This enriching trip offers an opportunity to experience world-class art in a comfortable and welcoming environment.

### Trip Itinerary

**10:30 AM:** Depart from Main Entrance

**11:00 AM:** Arrive at Princeton University Art Museum and begin the tour

**12:30 PM:** Lunch in the museum café

**2:00 PM:** Depart Princeton and return to the community

**Walking Score & Accessibility:** Easy to Moderate

This trip involves light to moderate walking at a relaxed pace. The museum is fully accessible with elevators and wide gallery spaces.

**Limited Seats (12) - MUST RSVP • Cost: FREE**

## 4H Cloggers Performance

**Saturday, March 21st: RESCHEDULED EVENT**  
**1:00 PM • Grow Hall**

Get ready to tap your toes and enjoy some high-energy fun! The 4H Cloggers are coming to perform their exciting, rhythmic dance routines. Experience the joy of lively music, impressive footwork, and a show that's sure to bring smiles and applause. Come join us for a delightful afternoon of music, movement, and community spirit — you won't want to miss it!

## **NEW!** The Armchair Travelers!

**Tuesday, March 24th**  
**2:30 PM • Grow Hall**

Pack your bags—no walking required! Join us for The Armchair Travelers, a fun and immersive virtual travel experience where we'll explore exciting destinations from around the world without ever leaving Grow Hall.



Each traveler will receive their very own Armchair Traveler Passport, complete with their photo. Every time we “visit” a new destination, your passport will be stamped to mark your journey. From famous cities and landmarks to beautiful cultures and traditions, each session will feature videos, music, fun facts, and engaging conversation. To make the experience even more authentic, we'll also enjoy a snack inspired by the destination we're visiting, giving you a true taste of the culture. Our flights depart every 4th Tuesday.

## Heart Health with BAYADA Home Health Care

**Friday, March 27th**  
**1:00 PM • Grow Hall**



Join us for an informative and engaging wellness session focused on keeping your heart healthy. A healthcare professional from BAYADA will share practical tips on managing blood pressure, cholesterol, nutrition, physical activity, and stress. Residents will also learn how to recognize warning signs of heart issues and ways to support overall cardiovascular wellness. This session is designed to be easy to understand, interactive, and helpful for everyday life. Questions are encouraged, and helpful resources will be provided. A great opportunity to invest in your health and well-being!

## **NEW!** “What’s Happening Now” Discussion group

**Friday, March 27th • Every Fourth Friday**  
**3:00 PM • Lounge**

Join us for a welcoming and respectful discussion group where residents can come together to talk about current events, community topics, and matters that are important to them.

This group provides a safe, supportive space where everyone is encouraged to share their thoughts, listen to others, and engage in meaningful conversation. Whether you'd like to express your opinions, ask questions, or simply listen and learn, all perspectives are welcomed with respect and understanding.

# Committees



<p><b>2nd Wednesday of the Month Cornerstone • 11:00am</b></p>	<p><b>Dining Committee</b> Discussion and feedback on Dining Services.</p>
<p><b>1st Wednesday of the Month Lounge • 10:00am</b></p>	<p><b>Spiritual Committee</b> Discussion/Action in education, traditions and faith based calendar activities.</p>
<p><b>1st Wednesday of the Month Lounge • 11:00am</b></p>	<p><b>Activities Committee</b> Discussion on calendar and upcoming social events.</p>
<p><b>Contact John Clyburn for meeting information</b></p>	<p><b>Veterans' Committee</b> Discussion, events and projects with our Veterans.</p>
<p><b>(No Longer Last Wednesday) Scheduled as Needed Board Room • 10:30am</b></p>	<p><b>Welcome Committee</b> Welcome new members to our community and be a friendly face for our new Masonic neighbors.</p>

# Games & Wellness

<p><b>Mondays &amp; Fridays Café 902 • 1:30pm</b></p>	<p><b>BINGO</b> Candy Prizes and an afternoon of good times!</p>
<p><b>Mondays Grow Hall • 11:00am</b></p>	<p><b>NEW! Mindful Monday Chair Yoga - VIDEO</b> Low impact movement, increased mobility and agility.</p>
<p><b>Tuesdays Grow Hall • 10:00am</b></p>	<p><b>Tai Chi</b> Video led lesson and slow gentle movement.</p>
<p><b>Tuesdays Grow Hall • 1:00pm</b></p>	<p><b>Country Line dancing with Jeremy</b></p>
<p><b>Tuesdays &amp; Thursdays Main Lobby • 2:00pm</b></p>	<p><b>Walking Club</b> Join us for a healthy jaunt around the community. In the event of inclement weather, we will walk inside.</p>
<p><b>Wednesdays Grow Hall • 10:00am</b></p>	<p><b>NEW! Low Impact Chair Boxing - VIDEO</b> Chair boxing is a fun, low-impact workout done from the comfort and support of a chair.</p>
<p><b>Wednesdays Grow Hall • 6:00pm</b></p>	<p><b>Pinochle</b> Join us for some of the most popular card games!</p>
<p><b>Fridays Grow Hall • 10:00am</b></p>	<p><b>In Person Dance Aerobics</b></p>

# MARCH Birthdays



- 1<sup>ST</sup>** William Hultz
- 2<sup>ND</sup>** DeAnn Warren
- 3<sup>RD</sup>** Frank Romano
- 3<sup>RD</sup>** YinChung Loh
- 9<sup>TH</sup>** Jennie Scarnici
- 14<sup>TH</sup>** Charles Rouse
- 20<sup>TH</sup>** Elizabet Ringenwald
- 20<sup>TH</sup>** Sharon Papale
- 21<sup>ST</sup>** Henry Mulle
- 22<sup>ND</sup>** Nina Simmons
- 23<sup>RD</sup>** Walter Pszczola, Jr.
- 23<sup>RD</sup>** Agnes Loh
- 24<sup>TH</sup>** Nancy Stemhagen
- 24<sup>TH</sup>** Carole Tatar
- 25<sup>TH</sup>** Robert Meeh
- 26<sup>TH</sup>** Geraldine Glass
- 28<sup>TH</sup>** John Kolchin
- 30<sup>TH</sup>** Maria Tiberi
- 30<sup>TH</sup>** Walter Dowdy
- 31<sup>ST</sup>** Lina-Ann Shane

# MARCH 2026



SUNDAY	MONDAY	TUESDAY
<p><b>Second Sunday of Lent (DEF)</b></p> <p><b>1</b></p> <p>10:45AM Chapel Services (CH)</p>	<p><b>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</b></p> <p><b>2</b></p> <p>11:00AM Mindful Monday Chair Yoga - Video (GH)                      11:00AM Garden Club Committee - <i>Now in Bloom!</i> (Lounge)                      1:30PM Bingo (Café 902)                      2:00PM Bible Study (Lounge)                      2:00PM Purim Service (CS)                      3:00PM Mindful Coloring (Lounge)</p>	<p><b>The Hair Salon Opens at 10AM</b></p> <p><b>3</b></p> <p>10:00AM Tai Chi - Video (GH)                      11:00AM Coffee and Conversation with Rev Deb! (CSL)                      1:00PM Country Line Dancing with Jeremy! (GH)                      2:00PM Walking Club (Main Lobby)</p>
<p><b>Third Sunday of Lent (DEF)</b></p> <p><b>8</b></p> <p>10:45AM Chapel Services (CH)</p>	<p><b>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</b></p> <p><b>9</b></p> <p>10:00AM Resident Assoc. Meeting (GH)                      11:00AM Mindful Monday Chair Yoga - Video (GH)                      12:00PM Hi 12 (CS)                      1:30PM Bingo (Café 902)                      2:00PM Bible Study (Lounge)                      2:00PM Genealogy Club (125 Hipp)                      3:00PM Mindful Coloring (Lounge)</p>	<p><b>The Hair Salon Opens at 10AM</b></p> <p><b>10</b></p> <p>8:30AM Men's Breakfast Club! (ME)                      10:00AM Tai Chi - Video (GH)                      11:00AM G.I. &amp; Joe - Game Day Meet &amp; Greet (GH)                      11:00AM Sing-along (CSL)                      1:00PM Country Line Dancing with Jeremy! (GH)                      2:00PM Walking Club (ME)</p>
<p><b>Fourth Sunday of Lent (DEF)</b></p> <p><b>15</b></p> <p>10:45AM Chapel Services (CH)                      3:00PM <b>The Golden Eagle Presents: Heritage, Harmony and Hits!</b> (FH)</p>	<p><b>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</b></p> <p><b>16</b></p> <p>11:00AM Mindful Monday Chair Yoga - Video (GH)                      1:30PM Bingo (Café 902)                      2:00PM Bible Study (Lounge)                      3:00PM Mindful Coloring (Lounge)</p>	<p><b>The Hair Salon Opens at 10AM</b></p> <p><b>17 ST. PATRICK'S DAY</b></p> <p>10:00AM Tai Chi - Video (GH)                      11:00AM Sing-along (CSL)                      12:00PM Lunch Bunch (ME)                      1:00PM Ice Cream Social (Café 902)                      1:00PM Country Line Dancing with Jeremy! (GH)                      2:00PM Walking Club (ME)                      2:30PM Craft Club (GH)</p>
<p><b>Fifth Sunday of Lent (DEF)</b></p> <p><b>22</b></p> <p>10:45AM Chapel Services (CH)</p>	<p><b>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</b></p> <p><b>23</b></p> <p>11:00AM Mindful Monday Chair Yoga - Video (GH)                      1:30PM Bingo (Café 902)                      2:00PM Bible Study (MR)                      3:00PM Mindful Coloring (Lounge)</p>	<p><b>The Hair Salon Opens at 10AM</b></p> <p><b>24</b></p> <p>10:00AM Tai Chi - Video (GH)                      11:00AM Coffee and Conversation with Rev Deb! (CSL)                      1:00PM Country Line Dancing with Jeremy! (GH)                      2:00PM Walking Club (ME)                      2:30PM <b>The Armchair Travelers!</b> (GH)</p>
<p><b>29</b></p> <p>10:45AM Chapel Services (CH)</p>	<p><b>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</b></p> <p><b>30</b></p> <p>11:00AM Mindful Monday Chair Yoga - Video (GH)                      1:30PM Bingo (Café 902)                      2:00PM Bible Study (MR)                      3:00PM Mindful Coloring (Lounge)</p>	<p><b>The Hair Salon Opens at 10AM</b></p> <p><b>31</b></p> <p>10:00AM Tai Chi - Video (GH)                      11:00AM Coffee and Conversation with Rev Deb! (CSL)                      1:00PM Country Line Dancing with Jeremy! (GH)                      2:00PM Walking Club (ME)</p>

## CALENDAR KEY

- BR Board Room
- CR Craft Room
- CH Chapel
- CP Compass Pointe
- CPW Compass Pointe West
- CS Cornerstone
- CSL Cornerstone Lobby
- FC Fellowship Center
- GH Grow Hall
- HS Hair Salon
- ME Main Entrance
- MR Meditation Room
- SBC Shuffle Board Court



# Independent Living



WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>4</b></p> <p>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</p> <p>10:00AM Low Impact Chair Boxing (GH) 10:00AM Bookmobile (ME) 10:00AM Spiritual Committee (Lounge) 11:00AM Jigsaw Puzzle Club (GH) 11:00AM Activities Committee (Lounge) 1:00PM Rosary (MR) 1:30PM Movie Matinee (GH) 6:00PM Pinochle Club (GH)</p>	<p><b>5</b></p> <p>The Hair Salon Opens at 10AM Village Shoppe 10-Noon</p> <p>10:00AM Strength and Balance (GH) 10:30AM TM Bible Study (Lounge) 2:00PM Walking Club (ME) 3:00PM Thirsty Thursdays!! (GH)</p>	<p><b>6</b></p> <p>The Hair Salon Opens at 10AM</p> <p>10:00AM Dance Aerobics (GH) 11:00AM Catholic Communion (CH) 12:30PM Lunch with Lauren (BR) 1:00PM Happy Hookers (CP) 1:30PM Bingo (Café 902) 2:00PM Forever Young Chair Dance Fitness! (GH)</p>	<p><b>7</b></p> <p>11:00AM Great Courses (GH) <i>Life Lessons From The Great Books</i></p>
<p><b>11</b></p> <p>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</p> <p>10:00AM Low Impact Chair Boxing (GH) 10:30AM Dining Committee Meeting (CS) 11:00AM Jigsaw Puzzle Club (GH) 1:00PM Rosary (MR) 1:30PM Movie Matinee (GH) 2:00PM Italian Heritage Club (Café 902) 6:00PM Pinochle Club (GH)</p>	<p><b>12</b></p> <p>The Hair Salon Opens at 10AM Village Shoppe 10-Noon</p> <p>10:00AM Strength and Balance (GH) 10:30AM TM Bible Study (Lounge) 11:30AM Burlington Senior Shuttle (ME) 2:00PM Walking Club (ME) 3:00PM Thirsty Thursdays!! (GH) <i>St. Patrick's Day Celebration!</i></p>	<p><b>13</b> PARX CASINO</p> <p>The Hair Salon Opens at 10AM</p> <p>10:00AM Dance Aerobics (GH) 10:00AM Parx Casino (ME) 11:00AM Catholic Communion (CH) 1:00PM Happy Hookers (CP) 1:30PM Bingo (Café 902) 2:00PM Forever Young Chair Dance Fitness! (GH) 6:00PM Burlington Jazz Band (GH)</p>	<p><b>14</b></p> <p>11:00AM Great Courses (GH) <i>Life Lessons From The Great Books</i></p>
<p><b>18</b></p> <p>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</p> <p>10:00AM Low Impact Chair Boxing (GH) 10:00AM Bookmobile (ME) 10:30AM Protestant Communion (CH) 11:00AM Jigsaw Puzzle Club (GH) 12:30PM Walnut St Theater Group (ME) 1:30PM Movie Matinee (GH) 1:30PM Rosary (CH) 2:00PM Catholic Mass (CH) 6:00PM Pinochle Club (GH)</p>	<p><b>19</b></p> <p>The Hair Salon Opens at 10AM Village Shoppe 10-Noon</p> <p>10:00AM Strength and Balance (GH) 10:30AM TM Bible Study (Lounge) 10:30AM Trip to the Princeton University Art Museum (ME) 2:00PM Walking Club (ME) 3:00PM Thirsty Thursdays!! (GH) <i>Birthday Bash</i></p>	<p><b>20</b></p> <p>The Hair Salon Opens at 10AM</p> <p>10:00AM Dance Aerobics (GH) 1:00PM Happy Hookers (CP) 1:30PM Bingo (Café 902) 2:00PM Forever Young Chair Dance Fitness! (GH)</p>	<p><b>21</b></p> <p>11:00AM Great Courses (GH) <i>Life Lessons From The Great Books</i> 1:00PM 4H Cloggers Performance (GH)</p>
<p><b>25</b></p> <p>Treasure Trove 9-12; 2-5 Village Shoppe 1-3</p> <p>10:00AM Low Impact Chair Boxing (GH) 11:00AM Jigsaw Puzzle Club (GH) 1:00PM Rosary (MR) 1:30PM Movie Matinee (GH) 6:00PM Pinochle Club (GH)</p>	<p><b>26</b></p> <p>The Hair Salon Opens at 10AM Village Shoppe 10-Noon</p> <p>10:00AM Strength and Balance (GH) 10:30AM TM Bible Study (Lounge) 2:00PM Book Club (Lounge) 2:00PM Walking Club (ME) 3:00PM Thirsty Thursdays!! (GH)</p>	<p><b>27</b></p> <p>The Hair Salon Opens at 10AM</p> <p>10:00AM Dance Aerobics (GH) 11:00AM Catholic Communion (CH) 1:00PM Happy Hookers (CP) 1:00PM Heart Health with BAYADA (GH) 1:30PM Bingo (Café 902) 2:00PM Forever Young Chair Dance Fitness! (GH) 3:00PM What's Happening Now Discussion group (Lounge)</p>	<p><b>28</b></p> <p>11:00AM Great Courses (GH) <i>Life Lessons From The Great Books</i></p>



# Spiritual Gatherings



<b>Sundays</b> Chapel • 10:45am	<b>Sunday Services</b> Join us for worship on Sunday Morning in the Chapel.
<b>3rd Wednesday of the Month</b> Meditation Room • 10:30am	<b>Protestant Communion</b> Come and celebrate the promise of your faith.
<b>3rd Wednesday of the Month</b> Chapel	<b>Rosary/Catholic Mass</b> Join us for the recitation of the Rosary and Mass.
<b>Wednesdays</b> Meditation Room	<b>Rosary</b> Weekly recitation of the Rosary.
<b>Thursdays</b> Lounge • 10:30am	<b>Bible Study with Hank</b> Study and discussion on Books of the Bible.
<b>On Scheduled Fridays -</b> <b>See The Village voice</b>	<b>Catholic Communion</b> Service celebrated by Resident Eucharist Ministers.

## Meetings & Clubs

<b>2nd Monday of the Month</b> Grow Hall • 10:00am	<b>Resident Association General Meeting</b> Come and meet with YOUR elected board. Find out news and happenings in the community.
<b>2nd Monday of the Month</b> Cornerstone • 12:00pm	<b>Hi12</b> Must be a registered Mason to join. Contact John Clyburn - 609-699-6280.
<b>2nd &amp; 4th Monday of the Month</b> Grow Hall • 1:00pm	<b>Ballroom Dancing Class</b> Learn classic dance styles, improve your rhythm, and build confidence on the dance floor.
<b>2nd Tuesday of the Month</b> Grow Hall • 11:00am	<b>Guided Mindful Movement &amp; Meditation</b>
<b>Every 3rd Tuesday of the Month</b> Grow Hall • 2:30pm	<b>Crafting Club</b>
<b>2nd Wednesday of the Month</b> Café 902 • 2:00pm	<b>Italian American Heritage Club</b> Slide shows, photos, speakers, stories and FOOD!
<b>Wednesdays</b> Grow Hall • 11:00am	<b>Jigsaw Puzzle Club</b>
<b>Last Thursday of the Month</b> Lounge • 2:00pm	<b>Book Club</b> Join your friends for discussion and chat on the latest selections for the month!
<b>Friday</b> Cornerstone Lounge • 1:00pm	<b>Crochet Club (Happy Hookers)</b> Join us as we crochet, sew, and chat!