



## A Rehabilitation Therapy Success Story from



### Carolina Regains Her Independence

Carolina is an active 82-year-old Independent Living resident. Her journey to her new home started when she was hospitalized after suffering a stroke. Carolina came to our skilled nursing unit for rehab and participated in physical, occupational, and speech therapies.

Carolina transitioned to our Assisted Living, where she continued participating in therapy services for three months to maximize her skills. As a result, she began to walk without assistance, participate in her daily routine, and make her own decisions safely.

The nursing and rehab teams and Carolina's family recognized that she was doing so well physically and cognitively that she was now a candidate for Independent Living. Carolina moved into her new apartment and received therapy services once again to safely transition to performing cooking, homemaking, and even gardening tasks.

Carolina's story is a perfect example of how continuing care in a retirement community can assist a person to live their best life.

**"My therapists helped me to become independent again, and I thank god for that!"**  
-Carolina

Our Rehab Therapy Partner

