



A Rehabilitation Therapy Success Story from



Carol's Gains with Rehab

Carol is a 90-year-old Independent Living resident who recently experienced a fall resulting in a pelvis fracture and other medical complications, which sent her to the hospital. She then required an inpatient stay in our Skilled Nursing unit to recover. The convenience of receiving therapy at the same campus as her apartment was priceless. Carol had visits from her friends/neighbors, access to retrieve items from home, and the ability to perform self-care tasks with the therapy staff to support her.

Upon admission to the rehabilitation unit, Carol required maximum assistance to roll or sit up in bed and could not stand or walk due to weakness and pain. She worked with physical therapy to improve leg strength and balance; occupational therapy to improve her performance in bathing, dressing, and bathroom use; and speech therapy to improve short-term memory and safety awareness. At the time of discharge home to her apartment, Carol was walking 500 feet with her walker and confidently performing daily activities.

**"The therapists who
helped me here
were the best!"**
-Carol

Our Rehab Therapy Partner

