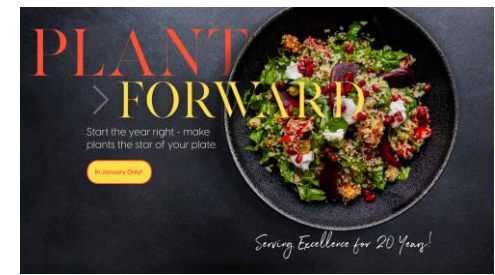


Café 902 weekly lunch menu



	MLK Day 1/18 Monday	1/19 Tuesday	1/20 Wednesday	Nat'l Granola Bar Day 1/21 Thursday	1/22 Friday	1/23 Saturday	1/24 Sunday
DESSERTS	Lemon Cake	Scones 2.00 Red Velvet Cake	Maple Spice Cake	Scones 2.00 Blondie Bar	Pineapple Upside Down Cake	Peanut Butter Brownie	Cornbread Bread Pudding
Soup S—2.00 L—2.50	Corn Chowder w/Bacon Lg--238 cal	Skinny Vegetable Lg—144 cal	Cream of Vegetable (ML) Lg—214 cal	Chicken Tortellini Lg—240 cal	Seafood Bisque Lg--380	Cream of Broccoli Lg—150 cal	Potato & Beer Lg—198 cal
Salad Feature \$4.00 OSG Crispy Tofu & Beet Entrée	Roast Turkey & Cranberry Chutney 533 cal. 4.25	Mustard Crusted Pork Loin 211 cal. 4.25	Beef Meatloaf 341 cal. 4.50	Stuffed Cabbage Roll 368 cal. 4.00	Baked Whitefish 150 cal. 4.25	Chicken a la King (onions, peppers in mushroom cream sauce) 196 cal. 4.25	Corned Beef 292 cal. 4.25
Chef's Special	Baked Ham 4.25	Seafood Salad Pita 4.50	Parmesan Crusted Tilapia 4.25	Crab Cake 4.50	Beef Stir Fry 4.50	Manicotti w/mushroom Spinach Sauce (ML) 4.00	Vegetable Quesadilla 4.00
Sides 1.50 each	Seasoned Green Beans Bread Stuffing	Dilled Baby Carrots Rice Pilaf Cheddar Chive Biscuit (.75)	California Mixed Blend Buttermilk Mashed Potatoes Corn Muffin (.75)	Roasted Vegetables Scalloped Potatoes	Calico Corn Herbed Rice	Baked Acorn Squash White Rice	Braised Green Cabbage Parslied Potato Irish Soda Bread (.75)

GLUTEN FREE (G) / VEGETARIAN (V)
OH SO GOOD (LOWER IN FAT AND SODIUM)

Call Café 902 by 10 AM to order your lunch 609-239-3994
or check on www.njmasonic.org and Twitter @902Cafe

Café 902 weekly dinner menu

	1/18 Monday	1/19 Tuesday	1/20 Wednesday	1/21 Thursday	1/22 Friday	1/23 Saturday	1/24 Sunday
DESSERT	Cherry Pie	Vanilla Mousse	Apple Turnover	Chocolate Crème Pie	Peach Cobbler	Pumpkin Pie	Peanut Butter Cookie
Soup S—2.00 L—2.50	Beef Barley Lg—188 cal	Chicken Noodle Lg—220 cal	Black Bean Lg—100 cal	Italian Wedding Lg—224 cal	Homemade Chunky Vegetable (GF) (ML) Lg—62 cal	 Minestrone Lg—202 cal	Chicken and Wild Rice Lg—238 cal
Entree	Kansas City Style BBQ Chicken 314 cal. 4.25	Sloppy Joe on Bun 406 cal. 4.25	Beef Pot Pie 100 cal. 4.25	Turkey Mornay 261 cal. 4.25	Chicken Parmesan 257 cal. 4.50	Stuffed Peppers 261 cal. 4.25	Pasta Bolognese (meat sauce) 141 cal. 4.00
Chef's Special	Pesto Tortellini (ML) 4.25	Mushroom and Tomato Frittata 3.25	Chicken Fajita 4.50	Glazed Ham Loaf 4.25	Texas BBQ Three Bean Chili 4.25	Ham Italian Melt 4.00	Pork Stew 4.25
Sides 1.50 each	Steamed Fresh Yellow Squash Macaroni Salad	Fresh Steamed Cauliflower Oven-browned Potatoes	Parmesan Lima Beans Brown Rice with Cilantro	Fresh Garden Vegetables Plain Egg Noodles	Green Beans w/sautéed Bacon Penne Pasta Corn Bread (.75)	Roasted Root Vegetables  Wild Barley Pilaf	Steamed Green Peas Garlic Bread (.75)

GLUTEN FREE (G) / VEGETARIAN (V)
OH SO GOOD (LOWER IN FAT AND SODIUM)

Call Café 902 by 3pm to place dinner order 609-239-3994
 or check on www.njmasonic.org and Twitter @902Cafe