

Café 902 weekly lunch menu



	8/17 Monday	8/18 Tuesday	8/19 Wednesday	8/20 Thursday	8/21 Friday	8/22 Saturday	8/23 Sunday
Café Action Stations							
Soup S—2.00 L—2.50	 Minestrone Large—186 Cal	Cream Of Spinach Large—294 Cal	French Onion Large—393 Cal	Sweet Potato Bisque Large—280 Cal	Black Bean with Bacon (GF) Large—254 Cal	Chunky Vegetable (GF) Large—60 Cal	Potato Leek (GF) Large—208 Cal
Entree	Spaghetti & Meat Sauce 346 cal. 4.25	Crispy Sesame Chicken 392 cal. 3.50	Pork Cutlet Piccata 237 cal. 4.50	Pepperoni Pizza (2) 237 cal. 3.50	Baked Ham 154 cal. 4.25	Beef Lasagna 351 cal. 4.25	Oven Fried Chicken 237 cal. 4.25
Chef's Special	Crab Cakes 4.50	Orange Glazed Pork Roast 4.25	LeeK & Swiss Quiche 3.50	SMOKED PORK BELLY TACOS, AVOCADO, MANGO CABBAGE SLAW 4.50	Italian Baked Pollock 4.25	Vegetable Paella (rice dish) 4.00	Swedish Meatballs 4.00
Sides 1.50 each	Baby Lima Beans Creamy Coleslaw	Steamed Broccoli & Cauliflower Vegetable Fried Rice	 Sautéed Swiss Chard Herb Buttered Egg Noodles	Brussel Sprouts Herbed Penne Pasta	Fresh Steamed Broccoli Baked Potato	 Sautéed Spinach with Red Onion Garlic Bread	Steamed Green Peas Baked Sweet Potato Half Buttered Wide Egg Noodles

GLUTEN FREE (G) / VEGETARIAN (V)
OH SO GOOD (LOWER IN FAT AND SODIUM)

Call Café 902 by 10 AM to order your lunch 609-239-3994
or check on www.njmasonic.org and Twitter @902Cafe

Café 902 weekly dinner menu

	8/17 Monday	8/18 Tuesday	8/19 Wednesday	8/20 Thursday	8/21 Friday	8/22 Saturday	8/23 Sunday
Soup S-2.00 L-2.50	Broccoli Cheese Large—290 Cal	Ginger Carrot (GF) Large—228 Cal	Mushroom Barley Large—134 Cal	Italian Wedding Large—228 Cal	Cream of Butternut Squash (GF) Large—196 Cal	Beef & Cabbage (GF) Large—150 Cal	Tomato Florentine (GF) Large—102 Cal
Entree	Shepherd's Pie 351 cal. 4.25	Turkey Reuben Sandwich 363 cal 4.50	Pulled Chicken BBQ on Bun 303 cal. 4.50	Beef Meatloaf 341 cal. 4.50	Chicken & Dumplings 311 cal. 4.25	Blackened Shrimp 123 cal. 4.50	Braised Pork Shoulder 229 cal. 4.25
Chef's Special	Chef Salad 4.00	Tuna Salad w/lettuce and Tomato 4.00	Roast Beef with Brown Gravy 4.50	Beer Battered Cod 4.25	Asparagus & Asiago Frittata 3.75	Turkey Salad on Bun 4.00	Hot Dog on Bun 3.50
Sides 1.50 each	Lyonnais Carrots	Corn Salad	Roasted Vegetable Salad Parslied Potatoes	Steamed Green Peas Garlic Smashed Potatoes	Steamed Fresh Yellow Squash	Chuckwagon Corn Cilantro Rice	Roasted Herb Baby Carrots Herbed Rice Parmesan Roasted Potato Wedges

GLUTEN FREE (G) / VEGETARIAN (V)
OH SO GOOD (LOWER IN FAT AND SODIUM)

Call Café 902 by 3 PM to order your dinner 609-239-3994
 or check on www.njmasonic.org and Twitter @902Cafe