

Café 902 weekly lunch menu

	9/16 Monday	9/17 Tuesday	9/18 Wednesday	9/19 Thursday	9/20 Friday	9/21 Saturday	9/22 Sunday
Café Action Stations	Omelet Bar Breakfast	Stir Fry Lunch	Wing Bar Lunch and Dinner	Pasta Bar Dinner	Waffle Bar <u>Breakfast</u> Build your Own Pizza Lunch		
Soup	OSG Minestrone Large—138 Cal	Cream Of Potato Large—234 Cal	OSG Sweet Tomato & Onion Large—110 Cal	Vegetarian Split Pea (GF) Large—240 Cal	Portuguese Kale Large—420 Cal	Chunky Vegetable Large—60 Cal	Potato Leek Large—208 Cal
Entree	Crab Cakes 138 cal.	Honey Glazed Pork 174 cal.	Turkey Dijonnaise 224 cal.	Herb Grilled Pork Chop 219 cal.	Spaghetti & Meatballs 438 cal.	Shepherd's Pie 351 cal.	Oven Fried Chicken 237 cal.
Chef's Special	Call Café 902 by 10 AM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe					Sweet & Sour Pork	Roast Beef
Sides	Baby Lima Beans Herbed Penne Pasta	Broccoli & Cauliflower White Rice	OSG Swiss Chard OSG Red Potatoes	Lemon & Oregano Zucchini Buttered Egg Noodles	Harvard Beets Starch du Jour	Vegetable du Jour Herbed Orzo	Green Beans Baked Potato

GLUTEN FREE (G) / VEGETARIAN (V)

OH SO GOOD (LOWER IN FAT AND SODIUM)

Café 902 weekly dinner menu

	9/16 Monday	9/17 Tuesday	9/18 Wednesday	9/19 Thursday	9/20 Friday	9/21 Saturday	9/22 Sunday
Snack Time 2 PM – 3:30 PM	Yogurt Parfait	Chef's Selection Dip	Smoothies	Dessert:	Beverages: Cold Brew Coffee, iced or Blended Frozen		
Soup	Ginger Carrot Large—86 Cal	Lentil Ham Large—228 Cal	Cream of Mushroom Large—264 Cal	Chicken Rice (GF) Large—186 Cal	Cream of Spinach Large—294 Cal	Beef Noodle Large—160 Cal	Tomato Large—264 Cal
Entree	French Dip Sandwich 347 cal.	Vegetable Paella 521 cal	Rotisserie Chicken 233 cal.	Turkey Divan 304 cal.	Baked Ham 154 cal.	Sausage & Peppers Sandwich 557 cal.	Braised Pork Shoulder 229 cal.
Chef's Special	Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe					Chicken Waldorf Salad	Two Cheese Grilled Cheese
Sides	Vegetable du Jour Starch du Jour	Green Bean Almandine Steak Fries	Vegetable du Jour White and Wild Rice	Dilled Peas Baked Sweet Potato	Squash with Thyme Mashed Potatoes	Vegetable du Jour Starch du Jour	Green Peas Spanish Rice

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