

Café 902 weekly lunch menu

	5/13 Monday	5/14 Tuesday	5/15 Wednesday	5/16 Thursday	5/17 Friday	5/18 Saturday	5/19 Sunday
Breakfast 6:30 AM – 10AM	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast
Soup 10:30 AM – 3:30 PM	Potato Leek Small 100 cal Large 200 cal	Split Pea(G) Small 140 cal Large 280 cal	Italian Wedding Small 110 cal Large 220 cal	Chicken Rice Small 90 cal Large 180 cal	Tomato Small 130 cal Large 260 cal	OSG Garden Vegetable Small 30 cal Large 60 cal	Navy Bean (G) Small 100 cal Large 200 cal
Lunch Entrée 10:30 AM – 1:30 PM	Braised Pork Shoulder 230 cal	Beef & Vegetable Lo Mein 390 cal	Sole Almondine 190 cal	Tortellini Alfredo (ML) 320 cal	Beef Pot Roast 190 cal	Turkey Tetrazzini 310 cal	Meatloaf 340 cal
Chef's Special	Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe						
Sides	Steamed Corn 90 cal	Broccoli 45 cal	Parsley Carrots 70 cal	Green Peas 90 cal	Braised Green and Peppers 60 cal	Roasted Butternut Squash 160 cal	California Vegetable 80 cal
	Confetti Rice 100 cal	Baked Sweet Potato 100 cal	Buttered Egg Noodles 110 cal	Herbed Rice 160 cal	Mashed Potatoes 100 cal	Tater Tots 230 cal	Parslied Potatoes 120 cal

GLUTEN FREE (G) / MEATLESS (ML)

OH SO GOOD (LOWER IN FAT AND SODIUM)

Café 902 weekly dinner menu

	5/13 Monday	5/14 Tuesday	5/15 Wednesday	5/16 Thursday	5/17 Friday	5/18 Saturday	5/19 Sunday
Snack Time 2 PM – 3:30 PM	Yogurt Parfait	Chefs Dip Selection	Smoothies	Pudding Parfaits	Waffle Day		
Soup 3:30 PM – 7 PM	Cream of Mushroom Small 90 cal Large 180 cal	Chunky Vegetable(ML)(G) Small 30 cal Large 60 cal	Bean and Chorizo Small 130 cal Large 260 cal	Cream of Broccoli Small 70 cal Large 140 cal	NE Seafood Chowder Small 120 cal Large 240 cal	Roasted Carrot & Pumpkin (ML)(G) Small 110 cal Large 220 cal	Turkey Noodle Small 80 cal Large 160 cal
Dinner Entrée 3:30 PM – 7 PM	Chicken & Spinach Carbonara 440 cal	Roast Pork Loin 160 cal	Chicken Pesto Sandwich 430 cal	Shepherds Pie 350 cal	Chipped Beef over Toast 390 cal	Stuffed Cabbage Roll 370 cal	Tuna Melt 340 cal
Chef's Special	Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe						
Sides	Bacon, Peas and Onion 200 cal	Brussels Sprouts 45 cal	Harvard Beets 130 cal	Roasted Yellow Squash 70 cal	Green Beans 80 cal	Garden Vegetables 80 cal	Broccoli 30 cal
	Tater Tots 230 cal	Garlic Whipped Potatoes 150 cal	Waffle Fries 110 cal	Roasted Red Potatoes 140 cal	Hash Browns 100 cal	Buttermilk Mashed Potatoes 110 cal	Garlic Parmesan Potato Wedges 150 cal

GLUTEN FREE (G) / MEATLESS (ML)
OH SO GOOD (LOWER IN FAT AND SODIUM)