

Café 902 weekly lunch menu

	2/04 Monday	2/05 Tuesday	2/06 Wednesday	2/07 Thursday	2/08 Friday	2/09 Saturday	2/10 Sunday
Café Action Stations	Omelet Bar Breakfast	Stir Fry Lunch	Wing Bar Lunch and Dinner	Pasta Bar Dinner	Waffle Bar Breakfast Build your Own Pizza Lunch		
Soup 10:30 AM – 3:30 PM	Corn & Bacon Chowder Small 120 cal Large 240 cal	OSG Butternut Squash Small 90 cal Large 180 cal	Cabbage Small 60 cal Large 120 cal	Chicken Sausage Gumbo Small 176 cal Large 266 cal	Vegetarian Lentil Small 100 cal Large 200 cal	Chicken & Wild Rice Small 120 cal Large 240 cal	Potato Leek Small 100 cal Large 200 cal
Lunch Entrée 10:30 AM – 1:30 PM	Crab Cakes 160 cal	Orange Spiced Pork Chop 240 cal	Meatloaf 340 cal	Black History Month specials featuring Smothered Pork Chops & Fried Chicken	Corned Beef 150 cal	Roast Turkey 140 cal	Sausage & Peppers 410 cal
Chef's Special	Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe						
Sides	California Vegetables 80 cal	Swiss Chard w/ Bacon 60 cal	Creamed Spinach 80 cal		Braised Cabbage 60 cal	Roasted Acorn Squash 100 cal	Roasted Root Vegetables 110 cal
	Buttermilk Mashed 110 cal	White Rice 80 cal	Orange Roasted Sweet Potatoes 60 cal		Parslied Potatoes 120 cal	Sweet Potato Mash 210 cal	Waffle Fries 110 cal

GLUTEN FREE (G) / MEATLESS (ML)

OH SO GOOD (LOWER IN FAT AND SODIUM)

Café 902 weekly dinner menu

	2/04 Monday	2/05 Tuesday	2/06 Wednesday	2/07 Thursday	2/08 Friday	2/09 Saturday	2/10 Sunday
Snack Time 2 PM – 3:30 PM	Yogurt Parfait	Philly Cheese Steak Dip	Peach Smoothies	Pudding Parfaits	Cold Brew Coffee Blended or Over ice		
Soup 3:30 PM – 7 PM	Beef Barley Small 90 cal Large 180 cal	OSG Skinny Vegetable (G) (ML) Small 45 cal Large 90 cal	NE Clam Chowder Small 140 cal Large 280 cal	Navy Bean(G) Small 100 cal Large 200 cal	OSG Mushroom Small 60 cal Large 120 cal	Cream of Broccoli Small 110 cal Large 220 cal	OSG Tomato Florentine Small 45 cal Large 90 cal
Dinner Entrée 3:30 PM – 7 PM	Ham & Swiss Melt 380 cal	Eggplant Rollatini (ML) 290 cal	Shepherds Pie 350 cal	Turkey Pot Pie 630 cal	Fried Pollack 230 cal	Cheesesteak 520 cal	Pizza 310 cal
Chef's Special	Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on www.njmasonic.org and Twitter @902Cafe						
Sides	Roasted Broccoli 90 cal	Roasted Cauliflower 50 cal	Baby Carrots 60 cal	Green Beans 35 cal	Steamed Broccoli 170 cal	Sauteed Zucchini 60 cal	Peas 90 cal
	Creamy Pasta Salad 250 cal	Oven Browned Potatoes 90 cal	Orange Roasted Sweet Potatoes 160 cal	Tater Tots 230 cal	Scallop Potatoes 190 cal	Roasted Potato Wedges 140 cal	Waffle Fries 45 cal

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