

# Café 902 weekly lunch menu

	1/07 Monday	1/08 Tuesday	1/09 Wednesday	1/10 Thursday	1/11 Friday	1/12 Saturday	1/13 Sunday
<b>Breakfast</b> 6:30 AM – 10AM	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast
<b>Soup</b> 10:30 AM – 3:30 PM	Corn & Bacon Chowder Small 120 cal Large 240 cal	<b>OSG Butternut Squash</b> Small 90 cal Large 180 cal	Cabbage Small 60 cal Large 120 cal	Split Pea (G)(ML) Small 120 cal Large 240 cal	Vegetarian Lentil Small 100 cal Large 200 cal	Chicken & Wild Rice Small 120 cal Large 240 cal	Potato Leek Small 100 cal Large 200 cal
<b>Lunch Entrée</b> 10:30 AM – 1:30 PM	Crab Cakes 160 cal	Orange Spiced Pork Chop 240 cal	Meatloaf 340 cal	Spaghetti & Meatballs 450 cal	Corned Beef 150 cal	Roast Turkey 140 cal	Sausage & Peppers 410 cal
<b>Chef's Special</b>	<b>Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on <a href="http://www.njmasonic.org">www.njmasonic.org</a> and Twitter @902Cafe</b>						
<b>Sides</b>	California Vegetables 80 cal	Swiss Chard w/ Bacon 60 cal	Creamed Spinach 80 cal	Roasted Brussels Sprouts 80 cal	Braised Cabbage 60 cal	Roasted Acorn Squash 100 cal	Roasted Root Vegetables 110 cal
	Buttermilk Mashed 110 cal	White Rice 80 cal	Orange Roasted Sweet Potatoes 60 cal	Tater Tots 230 cal	Parslied Potatoes 120 cal	Sweet Potato Mash 210 cal	Waffle Fries 110 cal

GLUTEN FREE (G) / MEATLESS (ML)

OH SO GOOD (LOWER IN FAT AND SODIUM)

# Café 902 weekly dinner menu

	1/07 Monday	1/08 Tuesday	1/09 Wednesday	1/10 Thursday	1/11 Friday	1/12 Saturday	1/13 Sunday
<b>Snack Time</b> 2 PM – 3:30 PM	Yogurt Parfait	Philly Cheese Steak Dip	Peach Smoothies	Pudding Parfaits	Waffle Day		
<b>Soup</b> 3:30 PM – 7 PM	Beef Barley Small 90 cal Large 180 cal	<b>OSG Skinny Vegetable (G) (ML)</b> Small 45 cal Large 90 cal	NE Clam Chowder Small 140 cal Large 280 cal	Navy Bean(G) Small 100 cal Large 200 cal	<b>OSG Mushroom</b> Small 60 cal Large 120 cal	Cream of Broccoli Small 110 cal Large 220 cal	<b>OSG Tomato Florentine</b> Small 45 cal Large 90 cal
<b>Dinner Entrée</b> 3:30 PM – 7 PM	Ham & Swiss Melt 380 cal	Eggplant Rollatini (ML) 290 cal	Shepherds Pie 350 cal	Turkey Pot Pie 630 cal	Fried Pollack 230 cal	Cheesesteak 520 cal	Pizza 310 cal
<b>Chef's Special</b>	<b>Call Café 902 by 3 PM to find out the Chef's Special 609-589-4376 or check on <a href="http://www.njmasonic.org">www.njmasonic.org</a> and Twitter @902Cafe</b>						
<b>Sides</b>	Roasted Broccoli 90 cal	Roasted Cauliflower 50 cal	Baby Carrots 60 cal	Green Beans 35 cal	Steamed Broccoli 170 cal	Sauteed Zucchini 60 cal	Peas 90 cal
	Creamy Pasta Salad 250 cal	Oven Browned Potatoes 90 cal	Orange Roasted Sweet Potatoes 160 cal	Tater Tots 230 cal	Scallop Potatoes 190 cal	Roasted Potato Wedges 140 cal	Waffle Fries 45 cal

GLUTEN FREE (G) / MEATLESS (ML)  
OH SO GOOD (LOWER IN FAT AND SODIUM)