

Café 902 weekly lunch menu

	9/11 Monday	9/12 Tuesday	9/13 Wednesday	9/14 Thursday	9/15 Friday	9/16 Saturday	9/17 Sunday
Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast
Entrees	Hawaiian Ham 444 cal	Ground Sirloin Steak 288 cal	Herb Marinated Chicken 256 cal	Stuffed Manicotti 468 cal	Pasta Primavera Alfredo 489 cal	Broccoli & Cheese Quiche 372 cal	French Dip Sandwich (Roast Beef) 286 cal
Soup	Cauliflower Cheese 224 cal	Skinny Vegetable 98 cal	Curried Sweet Potato 138 cal	Vegetarian Lentil 148cal	Tomato 138 cal	Manhattan Clam 153 cal	Chicken Noodle 165 cal
Action Station	Chili Hot Dog 348 cal	Grilled Chicken Wrap 442 cal	Roast Pork and Red Cabbage	Taco Bar	Chicken Soft Taco 335 cal	Hot Turkey Opened Face Sandwich 194 cal	Omelet Station
Lighter Fare	Parmesan Tilapia 161 cal	Sweet & Sour Turkey 202 cal	Seafood Louis Plate (Seafood Salad) 251 cal	Ginger Roast Pork 221 cal	Pollock Creole 133 cal	Baked Flounder 150 cal	Ravioli W/Marinara 276 cal
Sides	Sautéed Green Bean Rosemary Potato	Jasmine Rice Roasted Zucchini & Tomato	Tri-Colored Rotini Creamed Spinach	Brown Rice Pilaf Green Peas	Red Beans & Rice Braised Greens & Peppers	Buttered Carrots Sweet Potato	Cauliflower & Red Pepper Roasted Garlic Mashed Potato

GLUTEN FREE (G) / VEGETARIAN (V)
OH SO GOOD (LOWER IN FAT AND SODIUM)

Café 902 weekly dinner menu

	9/11 Monday	9/12 Tuesday	9/13 Wednesday	9/14 Thursday	9/15 Friday	9/16 Saturday	9/17 Sunday
Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast	Full Service Breakfast
Entrees	Chicken Salad 498 cal	Cheese Lasagna 454 cal	Veggie Gratin Frittata 238 cal	Sloppy Joe 385 cal	Chicken Florentine Meatballs 263 cal	BLT Sandwich 405 cal	Mac & Cheese 432 cal
Soup	Beef Noodle 79 cal	Split Pea 120 cal	Italian Wedding 112 cal	Cream of Broccoli 70 cal	Bean & Bacon 157 cal	Cheese Soup 200 cal	Cream of Potato 110 cal
Action Station	Mushroom Swiss Burger 426 cal	BBQ Pork 401 cal	Pierogies and Sauerkraut 417 cal	Crispy Buffalo Chicken Wrap 476 cal	Tuna Melt 335 cal	Chicken Cheesesteak 405 cal	Flat Bread pizza 781 cal
Lighter Fare	Chef Veggie Salad 227 cal	Lemon Pepper Flounder 143 cal	Turkey Salad 220 cal	Grilled Chicken W/Pineapple 178 cal	Spinach Feta Pie 252 cal	Chicken Caesar 255 cal	Baked Cod Filet 310 cal
Sides	Warm German Potato Salad Confetti Coleslaw	Herbed Orzo Broccoli	Tomato Cucumber Salad Rice Piliaf	Corn on the Cob Roasted Potato	Buttered Noodle California Vegetable	Potato Dill Salad Cucumber Salad	Broccoli Stewed Tomato

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